



Photo: Andreas Karlsson

# ADAM HELD RING

## BEAR TOWN

*“Bear Town” marks a turning point in the musical direction of Adam Heldring. It takes us deeper into the mind of a man trying to map out his position between future and past. Into a darker yet more colorful world where the characters are brought to life through a more noir style of writing.*

Adam Heldring worked a lifetime on his debut album “Mount Foreverest” travelling around the world melting the hearts of audiences, music business representatives and fellow musicians. New York, Los Angeles, London, Helsinki, Oslo and Stockholm are a few of the cities that Adam visited only during last year.

After having spent the first half of 2010 writing and recording behind closed doors, Adam is back with a re-born sound giving more weight to the lyrics and providing more room for his fellow band members. This is the first key to unlocking what we can expect from a second album.

“Bear Town” was released worldwide Sept 1st 2010.

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